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Tacuinum Sanitatis: An Early Renaissance Guide to Health (Sam Fogg)

Alixé Bovey

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Alixé Bovey : Tacuinum Sanitatis: An Early Renaissance Guide to Health (Sam Fogg) before purchasing it in order to gage whether or not it would be worth my time, and all praised Tacuinum Sanitatis: An Early Renaissance Guide to Health (Sam Fogg):

This book is a complete catalogue and commentary on a remarkable series of 130 colored drawings executed in North

Italy, almost certainly Padua, in the 1450s by a group of artists in the circle of Andrea Mantegna. The drawings illustrate subjects from the *Tacuinum Sanitatis* or Table of Health. Subjects touched on include medicine, sport, farming, animal husbandry, natural history, shopping, cooking and manufacturing – constituting an extraordinary record of everyday life (and life style) in early Renaissance Italy. This manuscript is one of four known series of the kind, and the only one not published.